

THE BAY FAMILY RESTAURANT

<u>Entrée –</u>	<u>Members Price</u>	<u>Rice –</u>	<u>Members Price</u>
Dim Sim (6 pcs): (Steamed or deep-fried)	\$10.80	Boiled Rice:	Small: \$4.50
Deep-Fried Calamari (6 pcs):	\$6.80		Large: \$6.50
Prawn Toast:	\$7.80	Fried Rice:	Small: \$7.00
Fish Cocktail (6 pcs):	\$7.00		Large: \$8.80
Prawn Cocktail:	\$9.80	Special Fried Rice:	Small: \$7.80
Seafood Bites (6 pcs):	\$7.00		Large: \$9.80
Vegetarian Samosa (6 pcs):	\$6.80	Vegetable Fried Rice with Egg:	\$9.00
Pan-Fried Pork Dumplings (6 pcs):	\$10.80	Gluten Free Fried Rice	\$8.80
San Chow Bao (4 pcs):	\$18.80	Ham & Egg Fried Rice	\$8.80
Prawn Chips:	\$3.80		
Hot Chips: Small:	\$4.80	<u>Lamb</u>	
	Large: \$6.80	Mongolian Lamb (Mild, Sizzling):	\$20.80
Garlic Bread:	\$5.00	Satay Lamb:	\$20.80
Mixed Entrée:		Peking Lamb: (Braised, Sizzling)	\$20.80
(Prawn cutlet, fish cocktail, dim sim, spring roll)	\$7.80		(Deep Fried not Sizzling) \$20.80
Small Prawn Cutlets (4 pcs):	\$7.80	Szechuan Lamb (Mild):	\$20.80
Vegetarian Spring Rolls (6 pcs):	\$8.80		
Crispy Noodle	\$2.50		

Soup

Short Soup:	\$6.00
Long Soup:	\$5.50
Chicken Sweet Corn Soup:	\$5.50
Sweet Corn with Crab Meat Soup:	\$5.80
Combination Short Soup:	\$20.80
Combination Long Soup:	\$20.80
Chicken Laksa:	\$18.80
Beef Laksa:	\$19.80
BBQ Pork Laksa:	\$18.80
King Prawn Laksa:	\$22.80
Combination Laksa:	\$20.80
Seafood Laksa:	\$23.80

Chef's Specials

Shanghai Crispy Beef:	\$21.80
Pork:	\$20.80
Chicken:	\$20.80
Combination	\$23.80
Teriyaki Chilli Crispy or Teriyaki Crispy Beef:	\$21.80
Chicken:	\$20.80
Pork:	\$20.80
Combination:	\$23.80
Creamy Garlic King Prawn (Sizzling):	\$25.80
Creamy Garlic Chicken	\$20.80
Peanut Crispy Chicken	\$19.80
Honey Crispy Beef (Add Chilli)	\$21.80

Seafood

Seafood Combination: Sizzling (King Prawn, Scallops, Fish, Seafood Sticks, Squid)	\$23.80
Seafood Basket:	\$18.80
(Chips, 3pcs Prawn Cutlet, 3pcs Fish Cocktail, 3pcs Calamari, 3pcs Seafood Bite, 2pcs Crab Claw)	
Honey King Prawn (Battered):	\$22.80
Honey Chilli King Prawn (Battered):	\$22.80
Garlic Spicy Fish:	\$18.80
Salt & Pepper Fish:	\$18.80
Sweet & Sour Fish (Braised or Battered):	\$18.80
Steamed Fish Ginger & Shallot:	\$18.80
Garlic Spicy Squid:	\$18.80
Salt & Pepper Squid:	\$18.80
Curry School Prawns with Boiled Rice:	\$18.80

Gluten-Free

King Prawn:	\$22.80
Chicken, Beef or Pork:	\$19.80
With a choice of	
Curry Sauce, Garlic Sauce, Oyster Sauce or Stir-Fried With Cashews	
Plain Omelette:	\$12.80
Chicken Omelette:	\$18.80
Beef Omelette:	\$18.80
King Prawn Omelette:	\$22.80
Combination Omelette:	\$20.80
Steamed Fish with Ginger and Shallot:	\$18.80
Grilled Fish Fillet with Salad or Vegetables:	\$18.80
Gluten Free Fried Rice	\$8.80
Gravy-Creamy Garlic-Pepper-Aioli-Dianne-Mushroom-Chilli Soy Sauce	\$2.50

NON MEMBER PRICE ADDITIONAL \$1.00

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Noodles – Members Price Omelette – Members Price

King Prawn:	\$22.80
Combination:	\$20.80
BBQ Pork:	\$18.80
Beef:	\$19.80
Chicken:	\$18.80
Vegetable:	\$17.80

With a choice of

Singapore Noodles
Canton Noodles
Kei Tai (Flat White Noodles)
Hokkien Noodles

Chinese Meals

King Prawn:	\$22.80
Combination:	\$20.80
Beef:	\$19.80
Pork Fillets:	\$18.80
Chicken:	\$18.80

With a choice of

Chow Mein (Crispy or Soft Noodles)	
Satay Sauce	
Mongolian Sauce (Mild, Sizzling)	
Garlic Sauce	
Peking Sauce (Battered or Braised & Sizzling)	
Oyster Sauce	
Black Bean Sauce	
Black Bean Chilli Sauce	
Szechuan Sauce	
BBQ Sauce	
Stir-Fried with Cashews	
Green Curry (Hot)	
Red Curry (Medium)	
Yellow Curry (Mild)	
Plum Sauce (Braised)	
Stir-Fried with Ginger and Shallot	
Garlic Spicy (Deep Fried)	
Garlic Chilli Sauce (Sizzling)	
Black Pepper Sauce	
Sweet & Sour Sauce (Braised or Battered)	
Sweet Chilli Sauce (Battered or Braised)	
Hot Chilli Sauce	
Salt & Pepper (Deep Fried)	
Mix Vegetables with Oyster Sauce	\$17.80

Boneless Lemon Chicken Breast (Deep Fried):	\$18.80
Honey Chicken:	\$18.80
Honey Chilli Chicken:	\$18.80
Sweet Chilli Chicken:	\$18.80
Sweet & Sour Pork:	\$18.80
BBQ Pork Oyster Sauce:	\$18.80
BBQ Pork Plum Sauce:	\$18.80
BBQ Pork Chow Mein:	\$18.80

All Include Oyster Sauce	
King Prawn Omelette:	\$22.80
Combination Omelette:	\$20.80
Mushroom & Chicken Omelette:	\$18.80
BBQ Pork Omelette:	\$18.80
Chicken Omelette:	\$18.80
School Prawn Omelette:	\$18.80
Ham & Cheese Omelette:	\$18.80
Vegetable Omelette:	\$17.80
Plain Omelette:	\$13.80

Australian Meals

All meals served with chips & salad or vegetables.

Vegetables include cream potato, pumpkin, broccoli, carrots & peas.

Roast Beef:	\$18.80
Roast Pork:	\$18.80
Small Prawn Cutlets (6pcs):	\$18.80
Homemade Crumbed King Prawn Cutlets (6 pcs):	\$25.80
Crumbed Lamb Cutlets (3 pcs):	\$29.80
Crumbed Fish Fillet:	\$18.80
Chicken Schnitzel:	\$19.80
Grilled Fish Fillet:	\$18.80
Deep-Fried Fish Fillet:	\$18.80
Grilled Barramundi Fillet:	\$18.80
Deep Fried Barramundi Fillet	\$18.80
Deep Fried Flat Head Fillets	\$18.80
Grilled Chicken Fillet:	\$19.80
Rump Steak:	\$28.80
Chicken Schnitzel Burger with Chips (Lunch Only)	\$13.50

Kids Meals: INCLUDES ICE CREAM

Chicken Nuggets with Chips (6pcs):	\$10.00
Fish Cocktail with Chips (6 pcs):	\$10.00
Half Chicken Schnitzel with Chips:	\$12.00
Wedges with Sour Cream:	\$10.00
Calamari Rings with Chips:	\$13.00
Prawn Cutlets with Chips:	\$13.00

Desserts

Banana Fritter with Ice Cream & Caramel Sauce:	\$6.80
Bread & Butter Pudding:	\$5.50
Mud Cake:	\$5.00
\$1.00 Extra for Ice Cream	
Deep-Fried Ice Cream:	\$7.80
Ice Cream:	\$4.80
Caramel, Chocolate or Strawberry Topping	

NON MEMBER PRICE ADDITIONAL \$1.00

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